First: Review

* The cough we discuss here is the acute type that accompanies acute upper respiratory tract infections & acute allergic rhinitis.
* Anticough classes are cough suppressants (dextromethorphan, pholcodine, codeine …), expectorants (guaifenesin …), mucolytics (bromhexine …), and demulcents (…..).
* Cough suppressants & demulcents are used in dry cough.
1. Demulcents are suitable for ages older than one years.
2. Dextromethorphan is suitable for ages older than two years.
3. Codeine is suitable for ages older than 18 years.
* Expectorants & mucolytics are used in productive cough. These should not be used in children younger than one year unless chest physiotherapy to remove the phlegm is used concomitantly.
* That is all for the review. Next we will talk about products combining anticough classes as well as products combining anticough & nonanticough medications.