



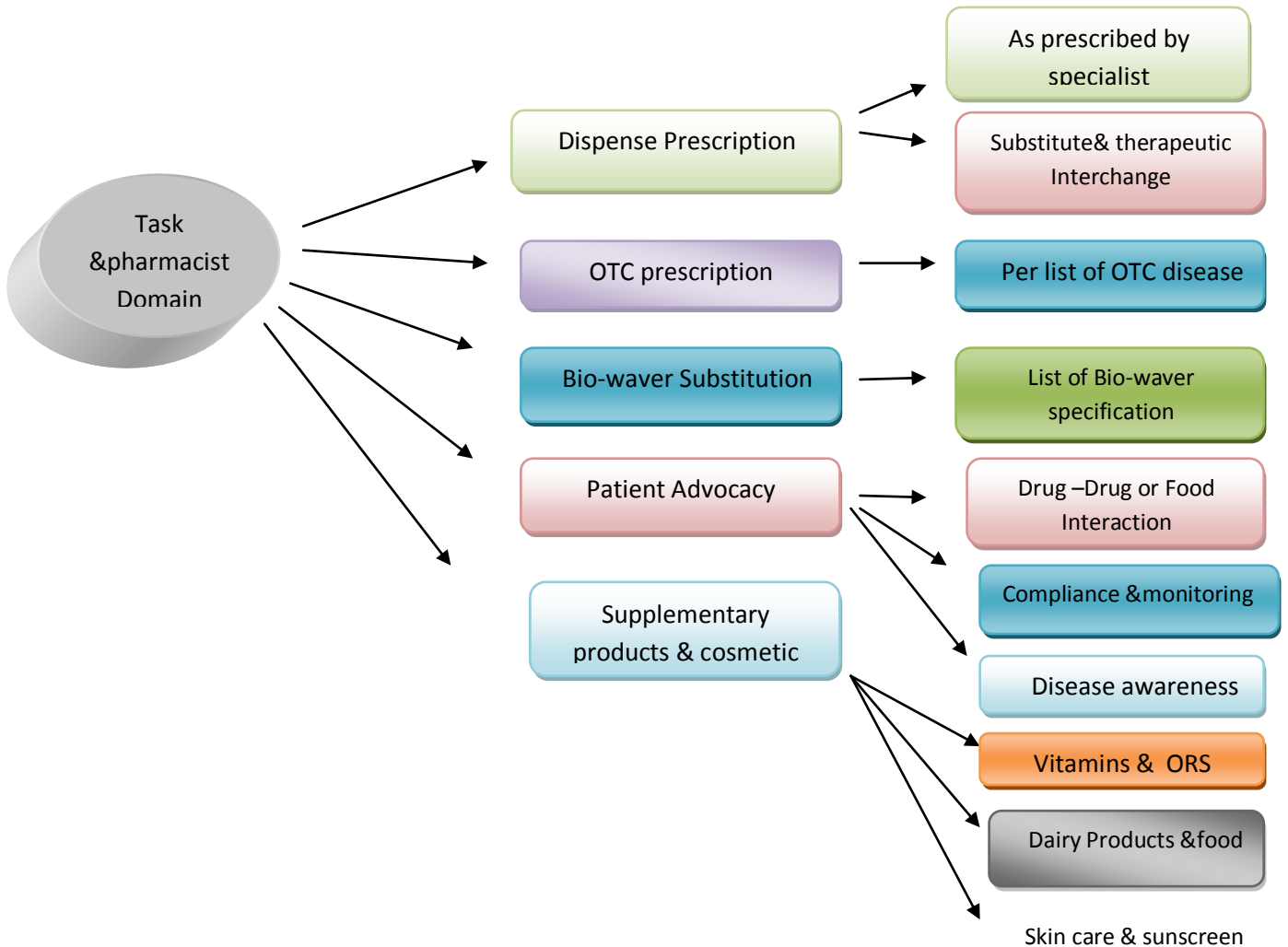
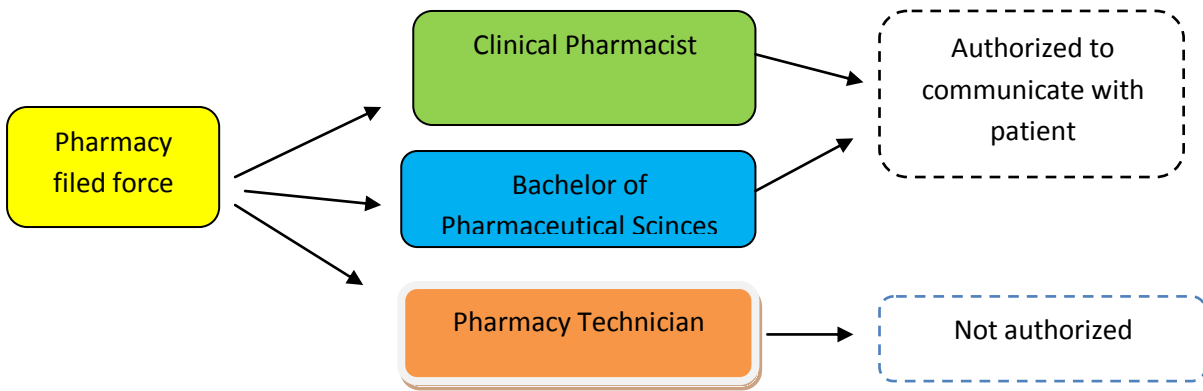
نقابة ملاك صيدليات المجتمع



تقرير بالأدوية التي تصرف من قبل الصيدلاني المجتمعي - نقابة ملاك صيدليات

المجتمع - اليمن

OTC drug list community pharmacy- (CPOS-Yemen).





نقابة ملاك صيدليات المجتمع



These drugs dispensed in some simple cases & the pharmacist should care about the right communication to refer the right kind of patient to the physician properly :

Based on mnemonic : **WHAM & ASMETHOD** to get enough communication before given OTC drug :

WHAM : Ask

W: who is the patient & what are the symptoms ?

H: How long have the symptoms been present ?

A: Action taken .

M: Medication being taken

ASMETHOD :

A:Age/appearance .

S:Self or someone else .

M:medication .

E:Extra medicine

T: time persisting .

H: history .

O:other symptoms

D:Danger symptoms

When to refer the patient to physician :

-Long duration of symptoms

-Recurring or worsening symptoms

-Sever pain

-Failed medication

-Suspected adverse drug reactions.



نقابة ملك صيدليات المجتمع



-Danger symptoms like (blood in the sputum ,vomit ,Pregnancy , Asthma ,Diabetic ,stroke , old or neonate) .

Code	Drug	Dosage form & concentration
1	Pseudoephedrine	Tablet ,SGC, syrup 30mg preferable in mix 15mg with others
2	Clorpheniramine	4mg tab ,5/5ml syrup alone or mixture with others
3	Xylometazoline	Nasal drop 0.05 & 0.1%
4	Oxymetazoline	Nasal drop
5	Loratidine	Syrup & tablet 10mg
6	Mequitazine	2.5 ml/5kgm weight syrup
7	Citricine ,levocitricine	1mg/1ml syrup & 10mg and 5mg tablet respectively .
8	Fexofenadine	120&180 tablet
9	Zinc gluconate or acetate lozenges	Lozenges
10	Vit C over 1grm	Effervescent alone or in combination with Ca ⁺⁺ &D3 or B12 .
11	Codeine/phocodine	Tablet ,SGC20mg ,syrup
12	Dextromethorphan	Syrup ,tablet 15mg alone or with combination with other anti-cough products
13	Glycerine,lemon and honey or simple linctus	Linctus
14	Guiaphenesin	Syrup 100mg/5ml ,tablet 100mg alone or with other anti-cough products preferable
15	Diphenhydramine	Tablet or in combination



Yaman community pharmacy syndicate

نقابة ملاك صيدليات المجتمع



		prefere
16	Promethazine	50mg inj ,Tablet & syrup
17	Theophylline	50-100mg in combination with others Tablets ,SGC
18	Paracetamol	Syrup ,tablet ,effervescent ,SGC alone or with other products
19	Asprin	500mg effervescent ,100,75,81 mg tablet sometimes in combination with others
20	Ibuprofen	200-400 tablets, SGC ,5mg /ml syrup alone or in combination
21	Diclofenac sodium /potassium	50mg tablets ,powder suppositories & 12.5 mg and 25mg child suppositories .
22	Ketoprofen /dextroketo profen	100mg tablet & injection
23	Mefenamic acid	500mg caplets alone or in combination
24	Benzydamine	Mouth wash
25	Benzocaine /lidocaine	Mouthwash
26	Lozenges (cetylpyridinium/dequalinium/benzocain)	Antiseptic lozenges'
27	Mouth wash Iodine ,chlorhexidine ,cyteramide	Antiseptic mouth wash for mucosal ulcer
28	Sodium cromoglycate	Eye & nasal drops
29	Beclometasone nasal	Spray
30	Fluticasone metered nasal spray	Spray
31	Triamcinolone nasal spray	Spray
32	Levocabastine eye/nasal drops	Eye/nasal drops



Yaman community pharmacy syndicate

نقابة ملاك صيدليات المجتمع



33	Nystatine	Oral drops & tablets
34	Miconazole	Oral gel 2% & skin cream alone or with hydrocortisone
35	Hydrocortisone topical or ing.	5% cream alone or in combinations
36	Ranitidine /famotidine	150mg ,75mg powder , tablet /20mg-40mg tablet
37	Omeprazole , Lanzoprazole, rabeprazole ,pantoprazole	PPI 20mg ,40mg capsules & 10mg on demand pills rabeprazole
38	Sodium bicarbonate , potassium bicarbonate	Lozenges ,tablets chewable
39	Ferrous sulfate ,ferrous fumerate	Tablet & capsules
40	Iron preparation /iron with proteins	Syrup ,capsules
41	Vit C, D3 & B complex effervescent	Effervescent
42	Aluminium & magnesium salts	Emulsion & chewable tablets
43	Calcium carbonate	Chewable tablets
44	Dimethicone ,simithicone	40mg oral drops & chewable tablets
45	Domperidone	Syrup & 10mg tablets
46	Grape water	Syrup
47	Sucralfate	Sachet
48	Bismuth –subsalicylate	Suspension
49	Loperamide	2mg capsules
50	Hyoscine /dotrivine	Oral drops ,10mg tablets alone or in combination with paracetamol
51	Cinnarzine	25mg tablet & 75mg capsules



Yaman community pharmacy syndicate

نقابة ملك صيدليات المجتمع



52	Meclozine	25mg tablet mostly with 50mg pyridoxine tab .prefer
53	Ginger (zingiber officinale)	Syrup
54	Senna	Chewable tablets
55	Bisacodyl	5mg coated tablets
56	Ducausta sodium	In combination with Bisacodyl
57	Castor oil	Bottle
58	Liquid paraffin	Bottle
59	Lactulose676gm/L	300ml Bottle
60	Bran Fiber ,methyl cellulose	Sachet
61	Glycerine suppository	Baby & adult suppository 900mg &700mg
62	Ispaghula ,sterculia	
63	Epsom salt	Sachet
64	Diphenoxalate	Capsule 25mg
65	Kaolin products /activated charcoal	SGC&tablets
66	Mebaverine	Capsule
67	Zinc oxide cream	Tube 30gm
68	Neostigmine cream	Tube cream 15mg
69	Rectus aculatus ,hisperdine & vit C	Capsule
70	Diosmine	500mg capsule .
71	Calamine lotion	Bottle
72	Benzyl benzoate	Bottle
73	Clobetazone 0.05%	Cream & ointment tube 15mg
74	Betamethasone 0.1%	Cream & ointment 15mg tube



Yaman community pharmacy syndicate

نقابة ملك صيدليات المجتمع



75	Benzoyl peroxide	Bottle
76	Keratolytic like sulfur ,salicylate ,potassium hydroxyquinoline sulfate	Tube 15-30gm
77	Clotrimazole	Cream 1g ,tube
78	Ketoconazole	Cream
79	Terbinafine	Cream & tinctures
80	Acyclovire cream	Cream 50mg
81	Permethrin cream	Tube 30mg
82	Selenium sulphide	Shampoo
83	Minoxidil lotion	Spray & shampoo
84	Calcipotriol	Syrup & caplets
85	Metoclopropamide	Tablets & oral drops
86	Capsacine ,camphor ,methylsalicylate	Adhesive blaster
87	Levonorgestrel 1500 microgram	Post coital tab 0.75mg &1500mcg
88	Ethenylestradiol & noreethestrone	Post-coital tab 0.02mg &10mg
89	Chloramphinicol drop/ointment	50mg /ml drops -ointment
90	Tetracycline ointment	Tube
91	Fucidic acid	5mg tablets or 400mcg tablets
92	Bacitracine	Cream ,tube 100IU with others
93	Neomycine	3.8mg cream ,tube with others
94	Mebendazole	100mg tablet or 500mg tablets& syrup
95	Albendazole	Tablets & syrup 400mg tablets
96	Evening primrose oil	Capsules 1g alfa linolenic acid



Yaman community pharmacy syndicate

نقابة ملاك صيدليات المجتمع



97	Caffine	In combination with others
98	Simvastatin 10mg	Tablets
99	Polymyxine	With others
100	Ketotifen	Syrup & tablets
101	Artificial tears	Eye drops & preservative vial
102	Oxybutynin	Syrup 120g & tablets 5mg
103	Naproxen sodium	SGC
104	Electrolyte sol –oral ORS	Sachet & Bottle
105	VitD3	Capsules 100IU & with combination
106	Ferrous gluconate	Capsules
107		
108	Omega3 fatty acid	SGC & syrup
109	Pyridoxine B6	Tablets & Ampules
110	Sodium chloride nasal	Nasal drops
111	Tripolidine	In combination
112	Calcium products	All are caplets & Syrup
113	Dextrose ,Ringer ,DNS & glucose	Infusion IV fluid
114	Hydrogen peroxide	Bottle
115	Melatonin for circadian rhythm (sleep disorder).	Tablets or capsule
116	Nicotine oral	Tablets
117	Niacine	Tablets scored
118	Thiamine	Tablets
119	Sulbutamine	Coated tablets 200mg & 400mg



Yaman community pharmacy syndicate

نقابة ملك صيدليات المجتمع



120	Psyllium laxative	
121	Oxybutynin chlorid	120mg syrup , 5mg tab
122	Pizotifen	Syrup & tablets
123	Silver sulfasalazine	Ointment ,ream 30mg tube
124	Ambroxol hcl	8mg tablets & syrup
125	Enzyme ,papine	Tablets & syrup
126	Seropeptidase enzymes	Tablets
127	Chymotepsine 300&Trypsin 300	Chymotepsine 300&Trypsin 300tablets
128	Piroxicam dispersable	20mg dispersable
129	Hexamine 500mg ,piperazine citrate 190mg ,khellin 1.83mg ,cholcicine	Effervescent powder
130	Sodium Bicarbonate44.03%, sodium citrate anhydrous ,tartaric acid ,citric acid 17.88%	Effervescent powder
131	Soy bean	Soybean phospholipids ,hydrogenated castor oil ,ethylvanillin ,alfa tocopherol 300mg capsule .
132	Sodium picosulphate	Each 1ml contain 7.5mg
133	Cyproheptadine	Tablets , Syrup 5ml contain 2mg or in combination with B-complex
135	Sodium bicarbonate	Vaginal powder 3.85g
136	Herbal extract yarrow, chamomile, marigold & sage or isopropyl alcohol ,castor oil ,AL-F, chlorhexidin	Concentrated Herbal mouth wash
137	Antiseptic lozenges	Neomycin 2.5mg , bacitracin



Yaman community pharmacy syndicate

نقابة ملاك صيدليات المجتمع



		100 IU , Amylocaine HCL 0.5mg
138	Cold multi symptoms	Doxylamine 6.25, Dextromethorphan 10mg ,Acetaminophen 250mg ,pseudoephedrine30mg +anti- histamine .
139	Dexamethasone	Syrup ,tab & injection
140	Flupentixol & miletracine	Flupentixol .0.5mg &melitracen 10 mg as chloride
141	Propranol 10mg	On demand propranol 10mg
142	Valerian root powder extract	Valerian extract 445mg capsule
143	IBS on demand capsule	Clidinium bromide 5mg+ chlodiazepoxide 2.5 mg
144	tolperisone	Tolperisone 50mg
145	Muscle relaxant orphenadrine	Orphenadrine citrate35mg +paracetamol 450mg or Ibuprofen 400mg
146	Baclofen muscle relaxant	Baclofen 10mg tab
147	Carbocystine ,guaiphenesin &Oxomemazine	Syrup Carbocystine 125mg ,guaiphenesin 100mg &Oxomemazine 2mg
148	Mecobalamine	Mecobolamine 500mcg tab
149	Metformine	Metformine 300mg &500mg tab
150	Pills for lactating mothers	Ethinyl estradiol 0.3 pills
151	Niclosamide	Tablet 2g scored tablet
152	Tinidazole	Tablet 200&400mg
153	Metronidazole	Alone or with diloxanide syrup ,tablet ,250,500 &infusion .



نقابة ملاك صيدليات المجتمع



154	Praziquantel	500mg scored tablet
155	All appliances like condoms ,diaphragm as a sexual protection etc	
156	All appliances like strips ,cassette , for home or pharmacy diagnostic tools .	
<p>This is the licensed list of OTC-2018, for Yemeni community pharmacist to be dispensed directly to patient after good communication with patient by using WHAM &ASMETHOD principle ,to avoid any mal-practice in filed &considering type of pharmacist Qualification and level of expert .</p> <p>Approved by Governance Board council ,DTC council .28-12-2018.</p>		

Reference:

*Yemeni EML 2014.

*WHO EML 2017.

*Symptoms in the pharmacy. A guide to the management of common illness fifth edition 2005.

*Pharmacist picks of the top OTC s, annual OTC product survey 2013.

*OTC list as a resource of the American college of prevented medicine ,2011.

*OTC list ,university of Maryland health partners ,April 2017.

*OTC list ,CHP+/Medicaid choice ,2018.

*OTC medication guide ,NYU ,2015 , Produced by National Institute of health , American Academy of family Physicians .

* CPOS –Yemen Expert members meeting .